



Join
us every
other
month

Diabetes Support Group

Meeting Dates:

February 8

April 11

June 13

August 8

October 10

December 12

All meetings will be held at 6 p.m.

You and your loved ones are invited to join our diabetes support group to better understand diabetes and discuss ways to live a healthy lifestyle, in a community with others who have been touched by the disease. This support group is facilitated by Memorial Hermann Certified Diabetes Care and Education Specialists.

Everyone is welcome and encouraged to join!

To register, please call 713.222.CARE (2273).

All meetings are free and will be hosted on Zoom. A call-in option will also be available. Zoom details will be emailed one week prior to the meeting date and on the day of the meeting.

For more information:

Email: DiabetesEducators@memorialhermann.org

Visit: memorialhermann.org/diabetes